

## To My Therapist

You have been a patient bystander,  
witness and lantern carrier  
lighting the way.

I saw you first and last as father  
a good man  
raising me up with the warmth  
of acceptance  
and the sturdy intelligence of your words.

The message to look deeper  
at who this self is  
that I call me  
amplifying, clarifying,  
finding the borders  
and then filling in  
the empty, often contradictory space  
inviting me to give up  
an archaic father image  
and replace it with openness  
to new information

Celebrating my growth  
into independence  
by sharing your truth  
and beauty of song and sound  
of adventurous trips  
stretching out your borders  
knowing your own self better  
teaching and touching

I honor your being,  
and thank you for being there for me.

*From Your Client*  
*Miriam Bassuk*

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