

The Essence Of Client-Centered Therapy And The Philosophy Of The Person-Centered Approach

J. D. Bozarth

THE VALIDITY OF THE MOMENT

I know not what you will do or become
at this moment or beyond;
I know not what I will do except stay with you
at this moment
And be mother, father, sister, brother, friend, child, and lover
at this moment;
I exist for you and with you
at this moment;
I am you
at this moment;
Take me and use me
at this moment;
To be whatever you can become
at this moment and beyond.

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